

Job Aid: Steps for Best Practice Garbing for Entry to the HD Buffer Room *with the sink on the clean side of anteroom*

Before entering anteroom

1. Change into scrubs and facility-dedicated shoes.
2. Use restroom; remove makeup, jewelry, and extra clothing; tie up hair.
3. Clean personal glasses with EPA-registered one-step bactericidal disinfectant cleaner wipe on frames and lens cleaner on lenses; enter the anteroom.



Dirty Side anteroom

4. Don a face mask with folds down on outside; bend nose bar; pull down under chin, no gaps; beard cover over mask if goatee.
5. Don the head cover (bouffant cap) over ears *and* also a hood *if* full beard, hijab, or other headdress, or hair is not contained by bouffant cap.
6. **Don 2 pairs of shoe covers on each foot**, one foot at a time crossing over the LOD. Ensure at least outer shoe cover is waterproof and seamless.



Clean Side anteroom

7. Perform hand hygiene, including a 30-second lather to the elbows after using nail pick on wet, lathered hands.
8. Dry hands with low-lint wipes.
9. **Don a non-HD gown; then don an HD gown over the non-HD gown.** Do not put thumb loops in place. Pull the sleeves of the HD gown up to mid-forearm. Enter the buffer room.



ISO 7 HD Buffer Room

10. Obtain **2 pairs of powder-free sterile gloves tested to ASTM D6978-05.** Remove both from their outer packages at empty, clean counter surface.
11. Apply alcohol-based hand rub to nails, hands, and wrists.
12. When hands are dry, put the non-HD gown's thumb loops in place and don the 1st pair of gloves, ensuring the cuffs of this pair are placed over the nonhazardous gown's sleeve.
13. **Use the sterile paper from the 1st pair of gloves to pull the HD gown sleeves down** over the cuffs of the 1st pair of gloves without contaminating the gloves.
14. Don the 2nd pair of gloves (cuffs over HD gown sleeves)
15. Sanitize gloves with sIPA unless an initial GFT sampling is being performed.

