

Job Aid: Steps for Best Practice Doffing of Garb when Exiting an HD Buffer Room *with the sink on the clean side of the anteroom (compounding staff)*

Inside HD buffer room

1. Remove outer pair of powder-free sterile gloves while inside the C-PEC.
2. To remove shoe covers one at a time, sit on a stool placed at the doffing line. Beginning with the foot closest to the doffing line, remove the outer shoe cover, put this foot across the line and into the doffing area. Discard the shoe cover in trace waste. Repeat with the other shoe cover.
3. Remove the HD gown by pulling from the waist/hips until it releases from the shoulders. Do NOT touch your collar or loosen the Velcro with gloved hands. Slowly remove the gown, turning it inside out and balling it up. Discard in the trace waste.
4. Remove your inner gloves by grasping the first glove by the palm, removing it, and placing it in the palm of the hand with the remaining glove. Slide your index finger under the remaining glove, pulling it off to make an inside-out pouch of the used gloves. Discard in trace waste.
5. Exit the buffer room.



Clean side of anteroom

If you are leaving the compounding suite, follow these steps.

1. Remove the non-HD gown and discard.
2. Since HDs are water-soluble, always wash hands and wrists with soap and water to remove any HD residue present from gaps in proper doffing.
3. Walk to the dirty side of the anteroom and remove the remainder of the garb (bouffant cap, hood if applicable, mask, and inner shoe covers).*

If you need to enter the non-HD buffer room, follow these steps.

1. Remove the non-HD gown. Hang it on a hook far away from any water splashing from the sink, away from the trash, and not obscuring a hand-swipe for a door (CriticalPoint recommends that gowns are not reused and should be discarded).
2. Perform hand hygiene per SOPs (using a nail pick and lathering 30 seconds) to remove any HD residue present from gaps in proper doffing, as well as reduce the microbial load on hands.
3. Don a fresh non-HD gown or redon the gown on the hook.
4. Enter the buffer room and don sterile gloves.

*Provided that coated gowns and waterproof, seamless, outer shoe covers are used AND doffing is performed correctly, these items are not considered contaminated with HD residue.